



UNILORIN BULLETIN

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Unilorin restates commitment to staff, students' safety ...expels student for assaulting female lecturer

*Staff unions hail management's handling of assault case

By Abubakar Imam

The management of the University of Ilorin has restated its commitment to the continuous safety of all staff and students of the University as they discharge their lawful duties diligently.

This assurance came in the wake of the attack on a female lecturer of the Department of Microbiology, Mrs. Ramat Zakariyah, by a 400 level student of the same Department, Waliu Aanuoluwa Salaudeen, penultimate Thursday (November 11, 2021).

(Contd. on page 3)



■ The Vice-Chancellor of the University of Ilorin, Prof. Sulyman Age Abdulkareem (2nd left), displaying his Gold Award of Excellence and Fellowship award of the Chemical Social of Nigeria (SEE STORY ON PAGE 5)



■ Prof. Olorunfemi

Let's maintain our 'Better by far' reputation – Olorunfemi

By Abubakar Imam

Professor of Geography and member of the pioneer set of academic staff of the University of Ilorin, John Folorunsho Olorunfemi, has urged the authorities of the University to continue to conduct the affairs of the institution in such a way that it would maintain its "Better by far" status.

Prof. Olorunfemi, who is the author of the appellation, gave the advice last Tuesday (November 16, 2021) while participating on 'Table Talk', a

personality interview programme of UNILORIN 89.3 FM, the official radio station of the University of Ilorin. The programme was anchored by the duo of Mr. Tope Olawuyi and Miss Testimony Adebisi

The well respected don explained that the University became a respected leader in the comity of the nation's universities because of the preference its distinguished founding fathers and their illustrious successors gave to quality and competence in every aspect.

(Contd. on page 4)

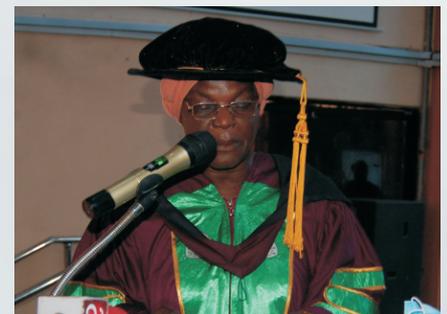
Task your children with home chores to reduce suicide -- Dominic

By Abubakar Imam

Parents and guardians have been urged to ensure greater and closer engagement of their children and wards in domestic activities in order to ensure their mental and physical fitness and invariably reduce the growing incidence of suicide among youngsters.

This advice was dropped last Thursday (November 18, 2021) by a

Professor of Exercise and Sports Science at the University of Ilorin, Olufunmilola Leah Dominic, while delivering the institution's 209th Inaugural Lecture, entitled "Movement Mechanics: Performance Interlock of Trauma, Morality and Wellness". (Contd. on page 5)



■ Prof. Dominic

Explore the world for Nigeria's greatness, VC charges youths

By Abubakar Imam

The Vice-Chancellor of the University of Ilorin, Prof. Sulyman Age Abdulkareem, has urged Nigerians, most especially the youths, to explore the world with a view to exposing themselves to new perspectives and getting help from foreigners for personal and national development.

Prof. Abdulkareem gave this advice last Tuesday (November 16, 2021) while speaking at the 2021 edition of the John Paul Global Award organised by the John Paul Memorial Foundation at the University Auditorium.

The Vice-Chancellor said that it was important for youths to travel and sojourn outside the country to see how things are done in a more organised manner in order to replicate such positive attitudes in Nigeria.

Prof. Abdulkareem explained that his sojourn in the United States of America for 22 years gave him a better insight into how things should be done in civilised climes.

He added that despite his return to Nigeria a little over 25 years ago he is still finding "doing things the Nigerian way" very difficult, saying that his sojourn abroad has made him to see that Nigeria and her affairs could be better run for the benefit of all.

Prof. Abdulkareem lamented that the nation has not been able to match its human resources with human development because of poor attitudinal dispositions of her citizens as he said that "if we do not develop our country nobody would do it for us. It is by working together that we can raise this nation".

He, therefore, challenged Nigerians who had ever travelled abroad, particularly to the western world, to live a life that would inspire their compatriots to change for the better as experienced over there.

Prof. Abdulkareem paid glowing tributes to the late John Paul, a student of the University of Ilorin, who died in 2016 while on Mandela Leadership Exchange Programme in the United States of America.

He explained that it was unfortunate that such a brilliant and determined young man died while seeking an exposure that would have propelled him



■ **Late Uthman**

to joining the vanguard of change in Nigeria.

He commended the parents of the late John Paul for keeping his inspirations alive with the Foundation and for ensuring that his life and times are preserved in a book to serve as inspiration to the younger generations.

In his address on the occasion, the Kogi State Governor, Alhaji Yahaya Bello, who was represented by Mr. Usman Michael, said that the late John Paul lived a good and exemplary life.

The Governor, while noting that the government and people of Kogi State are still missing John Paul, who was an indigene of the State, tasked every Nigerian to "emulate him by having a dream and staying committed to the dream to be the change Nigeria needs".

Alhaji Bello also called for the support of the people for the John Paul Memorial Foundation for the benefit of the ordinary people, saying that the nation needs more of such private initiatives for it to grow and attain its full potentials.

Also speaking, the Head of the Department of Information and communication Science, University of Ilorin, Dr Naheem Balogun, said that the late Mr. Paul was a distinguished and forward looking student of the Department.

Dr Balogun, who was represented on the occasion by a lecturer at the Department, Dr Oluyinka Afolayan, said

that his Department missed the fraternity and contributions of the deceased as he said that the story of his devotion to learning and human emancipation would continue to inspire the present and future generations of students to greatness.

Speaking on the essence of the Foundation, the father to the late John Paul, Mr. P. M. Uthman, described the deceased as an exceptional citizen who had always showed quality leadership and concerns for the welfare of the less-privileged.

He revealed that shortly before going on the journey from which he did not return, Mr. John Paul had told him of his desire to establish a Foundation through which he would raise money to promote girl child education and the education of children of the less privileged.

Mr. Uthman, who was the Curator of the National Museums, Ilorin, assured that whatever that would be raised at the event and subsequently would be devoted to achieving the desires of the deceased. He, therefore, called for the support of all and sundry to achieve the selfless dream of Mr. John Paul.

The highlight of the event was the public presentation of a short biography of Mr. John Paul, titled "Nova: A Story of the Life and Times of A Legend", a copy of which the Governor of Kogi State bought for N1 million while the Vice-Chancellor bought 25 copies for N250,000.

The event also witnessed the conferment of Life Achievement Award on the Vice-Chancellor of the University of Ilorin and the Pro-Chancellor and Chairman of the Governing Council of the Federal University of Technology, Minna, Prof. Olu Obafemi, among others.

Speaking on the sideline of the programme, Dr Mubarak Oloduowo Ameen, who is the Chairman of the US Government Exchange Alumni Association of Nigeria, Kwara State Chapter, thanked the Vice-Chancellor and other dignitaries for attending the event, which he said was organised to bring to fore the shining qualities of the late Unilorite.

Mustapha delivers 210th Inaugural Lecture

The Vice-Chancellor, University of Ilorin, Ilorin, Prof. S. A. Abdulkareem, invites members of the University of Ilorin community and the general public to the Two hundred and tenth (210th) Inaugural Lecture of the University scheduled as follows:

Lecturer: Professor M. K. Mustapha
B.Sc., M. Sc., Ph.D. (Ilorin)
Department of Zoology,
Faculty of Life Sciences,
University of Ilorin, Ilorin.

Topic: "Man-made Lakes: A Means of Eradicating Man-made Poverty"

Date: Thursday, 25th November, 2021

Time: 5.00 p.m.

Venue: University Auditorium,
Main Campus, University of Ilorin.

Chairman: Professor S. A. Abdulkareem,
Vice-Chancellor, University of Ilorin

Signed
Dr. Fola M. Olowoleni
Registrar



■ **Prof. Mustapha**

Staff unions hail management's handling of assault case

(Contd. from front page)

The unruly student was apprehended and arraigned last Monday (November 15, 2021) before the Student Disciplinary Committee (SDC), which found him guilty of misconduct and subsequently recommended his expulsion to the University management.

Following the SDC recommendation, the University management has expelled Salaudeen and handed him over to the police for further necessary action.

The management's decision was conveyed to the student via a letter signed on behalf of the University Registrar, Dr. Fola M. Olowoleni, by Mr. O. J. Oyedepo of the Student Affairs Unit.

The letter, a copy of which was made available to **UNILORIN BULLETIN**, read, "You will recall that you appeared before the Student Disciplinary Committee (SDC) to defend yourself in respect of an allegation of misconduct leveled against you.

"After due consideration of all evidences before it, the Committee was convinced beyond any reasonable doubt that the allegation of misconduct has been established against you. It has accordingly recommended to the Vice-Chancellor, who in exercise of the power conferred on him, has directed that you Salaudeen, Waliu Aanuoluwa be expelled from the University.

"Accordingly, you are hereby expelled from the University with immediate effect. You are required to submit forthwith, all University property in your custody including your Student Identity Card to the Dean of Student Affairs or his representative and keep off the campus.

"In case you are dissatisfied with this decision, you are free to appeal to the University Council through the Dean, Faculty of Life Sciences to the Vice-Chancellor within forty-eight (48) days of the date of this letter".

Meanwhile, the University management has, however, assured all staff and students of the institution of their safety as they discharge their lawful duties diligently.

A statement signed by the Registrar of the University, Dr. Olowoleni, expressed sadness over what it called "the ugly incident" of Thursday, November 11, 2021, adding that the perpetrator of the heinous act would, despite the measures already taken against him by the management, be handed-over to the police for further investigations.

Also, the Vice-Chancellor of the University, Prof. Sulyman Age Abdulkareem, penultimate weekend paid a sympathy visit to the assaulted lecturer, Mrs. Zakariyah, at her residence.

The Vice-Chancellor, who led a delegation of high-ranking staff of the institution to the victim of the dastard act,

expressed his disappointment with the misconduct of the culprit as he sympathised with Mrs. Zakariyah. While sympathising with Mrs. Zakariyah and her family and colleagues on the incident, the Vice Chancellor promised that the University would take urgent actions to ensure that the perpetrator of the devilish act is swiftly and commensurately punished in accordance with the University's rules and regulations.

He then assured the lecturer and other law-abiding members of the University community of the unwavering determination of the management to ensure the safety of all.

In a related development, the University's Chapter of the Academic Staff Union of Universities (ASUU) has cancelled a protest walk it had earlier planned for Tuesday, 16th November, 2021 to show the Union's disapproval of the assault on one of its members, Mrs. Zakariyah, by a student.

According to a statement signed by the Unilorin ASUU Chairperson, Prof. M. S. Ajao, the change of mind came as a result of what he called the "positive steps" being taken by the institution's management "to ensure that justice is done to our colleague on the matter at hand".

In a letter addressed to the ASUU members, Prof. Ajao said, "Following the interaction between Union representatives and the University management this afternoon (15/11/2021), please be informed that the University administration has taken positive steps to

ensure that justice is done to our colleague on the matter at hand.

"They have equally taken steps to ensure that criminal proceeding against the student commences as soon as possible. More importantly, they have commenced drastic steps to provide security apparatus to improve the University security system in order to largely enhance security of lives and properties in the University.

"In view of this latest development, the union has therefore

suspended the protest walk earlier scheduled for tomorrow Tuesday 16th November, 2021"

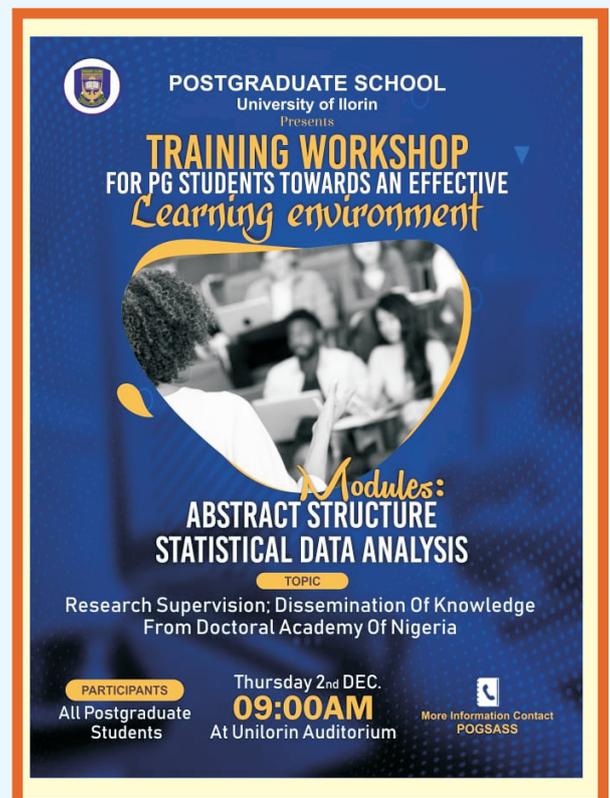
"The Union sincerely appreciates the support and comradeship spirit of our members as we hope to have an improved (better) security system".

Also, the National Association of Academic Technologists (NAAT), University of Ilorin Branch, has expressed its full solidarity and empathy to the assaulted lecturer, Mrs. Zakariyah.

In a statement made available to **UNILORIN BULLETIN** by its Chairman, Comrade O. P. Awolola, the Association also thanked the University management "for being proactive in arresting the ugly situation".

On its part, the Senior Staff Association of Nigerian Universities (SSANU), University of Ilorin Branch, has also commended the University management over the judgment handed down to the student that recently attacked a female lecturer.

In a statement by the Chairman of the Union, Com. Naheem Olusola Falowo, SSANU condemned what it described as "the unruly behaviour of the student", which, it says, "negates what the citadel of learning stands for".



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Let's maintain Unilorin's 'Better by far' reputation -- Olorunfemi

(Contd. from front page)

Prof. Olorunfemi, who described himself as a member of the first set of staff of the University that benefitted from its Staff Development Programme, advised that the University should always ensure that the right thing is done at the right time, saying that the quality of those employed and offered admissions should be high for the University to maintain its reputation.

The renowned scholar, who said he joined the services of the University on October 28, 1976, said that he did not know anyone who could have assisted him in anyway but was offered employment based on the quality of the degree he held and his performance before the panel that interviewed him.

Prof. Olorunfemi recalled that he became a staff of the University during the tenure of its pioneer Vice-Chancellor, late Prof. Oladipo Akinkugbe, and said that among the leading lights of the University of Ilorin academic community then were fantastic scholars and leaders such as Prof. Abiri, Prof. Olufeagba, Prof. Owolabi and Prof. Awobuluyi, who were often ready to assist the younger ones to grow.

He explained that he had worked with all the ten Chief Executives of the University to date and that each of them was a sound leader who possessed fascinating but different qualities, which cumulatively led to the emergence of the University as the nation's most subscribed.

While explaining that it is always good for staff members to ventilate their opinions on issues concerning their welfare without fear or favour, Prof. Olorunfemi condemned strike, saying that the University of Ilorin became the choice of every candidate and their parents because it is an institution that had no attraction for any form of distraction.

The Aiyedun, Ekiti State-born expert in remote sensing and population studies recalled that the ranking of the University of Ilorin went up between 2001 and 2011 when it recorded no single strike as he expressed happiness that the University remains the choice of most candidates till date.

On his experiences while growing up as a staff of the University, Prof. Olorunfemi, who once served as a Commissioner and Member of the Ondo State Executive Council, said that all was not rosy for him.

He recalled that the first challenge he faced was when the University administration initially denied him an

approved allowance he had proposed while on staff development programme abroad. He said that while others he preceded in rounding-off the programme were paid, he was excluded. Pointing out, however, that his insistence through the employment of civilised means was later acceded to by the administration which paid him the sum of N2000:00 that was involved at a time his annual emolument was about N3555:00.

Prof. Olorunfemi also said that he was stagnated for quite some years that he could not attain the pinnacle of his career as soon as he envisaged probably because of his refusal to teach some courses, which he believed could be handled by new staff the administration refused to employ then.

He, however, said that the delayed promotion to the rank of a Professor eventually became a blessing in disguise for him as he could have delivered his inaugural lecture much earlier and on different theme and thereby not having or enjoying the glory of being the author of the University's mantra of 'Better by far'.

Prof. Olorunfemi noted that the period between 1998 and 2001 was the most difficult period in the history of the University because it marked the highpoint of disagreement between the University authorities and some members of the academic staff, saying that it was so difficult that no inaugural lecture was delivered throughout the period.

Recalling how and what led to the adoption of the mantra "Better by far", Prof. Olorunfemi said that it was derived from the title of his inaugural lecture,

which he delivered on October 29, 2001 during the tenure of the institution's sixth Vice-Chancellor, Prof. Shuaibu Oba AbdulRaheem, OFR.

He said that his inaugural lecture came some years after the preceding one was delivered and that the crowd it pulled convinced the then administration that despite the bad press and inelegant public opinions the University was facing then, it was still silently admired by people across the country as exemplified in the quality attendance at the lecture.

He recalled that it was after the lecture that the then Vice-Chancellor asked him if he would mind the University adopting the mantra as its official appellation and that his unconditional acceptance of the request gave the University its unique and exciting appellation.

Prof. Olorunfemi said that he remained very proud and delighted that the mantra, which was derived from his inaugural lecture delivered over two decades ago, is still being proudly used by the University.

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Task your children with home chores to reduce suicide -- Dominic

(Contd. from front page)

While pointing out that tasking oneself with one physical responsibility or the other is an essential ingredient of life, the Inaugural Lecturer explained that human body is designed to move in diverse ways and in all directions such as bending, landing, jumping, crawling and carrying.

Prof. Dominic insisted that exercise is medicine, adding that it is also vaccine and she, therefore, encouraged all and sundry to engage in exercise periodically to keep fit.

She added that involvement in tasks such as sweeping, cleaning, dusting and ironing not only helps kids to learn responsibility and self reliance but they are also beneficial for health maintenance and wellness because it helps to reduce overall sendatariness.

Prof. Dominic said that movement is as important among the adults as it is among children, pointing out that movement allows babies and children to develop initial bone and muscles while maintaining and improving from adolescence onwards.

The Inaugural Lecturer opined that involving children in household chores helps them to learn important life skills like communicating early, negotiating, cooperating and working as a team with family members.

Prof. Dominic said that even when children do not enjoy the chores, it helps them feel competent and responsible by the feeling of satisfaction for finishing a task especially when accompanied with praise and appreciation.

The distinguished academic also explained that sharing household work can help the family relationship to work together better as well as reduce stress that can threaten their overall well being.



■ **The Inaugural Lecturer, Prof. Dominic (left), presenting the Lecture notes to the Vice-Chancellor, Prof. Abdulkareem last Thursday**

Prof. Dominic said that it was important for everyone to encourage movement for the reason of their health and wellbeing, saying that unmoved body is a threat to the person.

The don said that individuals need to take responsibility for themselves because life is movement and movement is life.

She explained that where all other factors are constant, movement determines one's performance and wellness as well as risks, traumatic experience and mortality.

Prof. Dominic, who is also the Director of Sports, University of Ilorin, said there was the need to revert to the participatory role of children in the home to ensure their all-round development.

She explained that rather than relying on the use of house help to do menial jobs, parents should engage their children in doing so as it might reduce the rate of suicide thoughts among the young ones.

Prof. Dominic added that assigning domestic responsibilities rather than tasking children with too much concentration on

secular education would also discourage low esteem and negative influence of peer group among them.

The foremost scholar also discouraged too much attachment to screen based activities except those that are beneficial to their job and academic performance if such must be used for long hours.

She also advised that those who must be on the same position for long hours should prioritise periodic short breaks of between 5 and 10 minutes.

The Inaugural Lecturer also enjoined people to adapt physical literacy, which she said would enable them demonstrate competence in strategies and tactics that are related to movement and performance.

Prof. Dominic also suggested the development of collaborative courses that will meet the needs of the society rather than certifying without professional competence.

VC bags CSN Fellowship

By Abubakar Imam

The Vice-Chancellor of the University of Ilorin, Prof. Sulyman Age Abdulkareem, has been honoured with the Gold Award of Excellence and Fellowship award of the Chemical Society of Nigeria (CSN) in recognition of his contributions to the development of the Society. This was one of the highlights of the just concluded 44th Annual International Conference of the CSN, which held at Yard 158, Oregon, Lagos between November 7th and 12th, 2021.

The insignia of the award were presented to Prof. Abdulkareem in his office last Monday (November 15, 2021) by the Chairman of the Kwara State Branch of the Society, Prof. F. A. Adekola, on behalf of the National President of the Society, Prof. Moses Nkem Chendo, in the presence of some other members of the Society.

According to Prof. Adekola, the decision to confer the award on the Vice-Chancellor was taken at the recently concluded 44th national conference of the Society held in conjunction with the

International Union of Pure and Applied Chemistry (IUPAC) and which was themed "Global Electrical & Electronic Waste: Health Hazards for Africa".

Other members of the University of Ilorin community honoured by the Society at the conference were the Director, SIWES, Prof. Friday O. Nwosu and the immediate past Head of the Department of Industrial Chemistry, Dr Marili F. Zubair.

Ifetedo agog as Ojuade bags chieftaincy title

By Folorunso Fatai Adisa
and Jemilat Mahmoud

The ancient town of Ifetedo, headquarters of Ife South Local Government Area of Osun State, was agog penultimate Saturday (November 13, 2021) as the traditional ruler of the town, the Olubosin of Ifetedo, Oba Akinola Akinrera (Latiri I) and the Ifetedo Council of Chiefs installed a Professor of Dance Studies, Department of the Performing Arts, University of Ilorin, Jejele Olasunkami Ojuade, as the Aare Alasa of Ifetedo Kingdom.

The installation ceremony was witnessed by a mammoth crowd of indigenes of the town as well as government officials, traditional rulers from neighbouring communities, friends, colleagues and well-wishers of the erudite Professor from all over the country as well as abroad.

The event, which took place two days after Prof. Ojuade delivered his inaugural lecture, the 208th in the series of inaugural lectures at the University of Ilorin, became a Mecca of sort where people of various backgrounds and social status converged to honour the don, who was described as “an illustrious son of the town”.

Installing the new Aare Alasa (Traditional custodian of Culture), who succeeded his late father, the Olubosin of Ifetedo, Oba Akinrera, said that his kingdom would continue to recognise eminent dignitaries for their positive contributions to the growth of Ifetedo land.

In his brief address, the Balogun of Ifetedo, Chief Rauf Ogunwande urged Professor Ojuade to continue to remember the Ifetedo community and always place its interests first in his agenda as he has always done.

The Balogun pointed out that it was the contributions of Ojuade, both academically and culturally, toward the development of the kingdom that made the



The new Aare Alasa of Ifetedo, Prof. Ojuade (middle), flanked by the Olubosin of Ifetedo, Oba Akinola Akinrera (right), and the Alara Oodaye of Ife, Kabiyesi Adebisi Layade, after the installation penultimate Saturday

king and the people of the kingdom to honour him with the chieftaincy title.

Prof. Ojuade, who is also the Chairman of the Board of UNILORIN 89.3 FM, was later adorned with the traditional chieftaincy cap, traditional beads, and presented the chieftaincy certificate and dressed in traditional attires as required by tradition, in the presence of a cheering crowd of dignitaries.

Among those in attendance were prominent traditional rulers such as: Olofin Adimula, Arole Oodua, Ooni Adeyeye Enitan Babatunde Ogunwusi, Ojaja II, Ooni of Ife, who was represented by Kabiyesi Adebisi Layade, Alara Oodaye of Ife; Princess Fadekemi Ogundaju, the Vice-Chancellor of the University of Ilorin, Prof. Sulyman Age Abdulkareem, represented by the Director of Corporate Affairs, Mr. Kunle Akogun, who also represented other Board Members of the *UNILORIN 89.3 FM*;

the Vice-Chancellor of the Kwara State University, Malet, Prof. Muhammed Mustapha Akanbi, SAN; the Head of the Department of the Performing Arts, University of Ilorin, Prof. Solomon Ikibe; Prof. Christopher Ugolo of the University of Benin, and a former Special Adviser for Communication and Strategy to the former Osun State Governor, Hon. Semiu Okanlawon.

Also present were the General Manager of *UNILORIN 89.3 FM* Radio Station, Mr. Idris Aloom; Mr. Kehinde Olalusi, Dance lecturer and Ph.D student of Professor Ojuade at the PFA Department, University of Ilorin; Chief Bayo Oyero, former President, Central Council of Ibadan Indigenes; Alhaji Moshood Ogunlowo (the Otunba Mayegun of Okeigbo), Professor AbdulRashid Aderinoye, Barrister Ayanyemi Kasali, Mallam AbdulRahan Aderinoye, the entire 1993 class of the Department of Performing Arts, University of Ilorin, to which Prof Ojuade belonged, his old and current students, among others.

Unilorin NiWARD donates 20 vegetable storage baskets to rural women

The Nigerian Women in Agriculture and Rural Development (NiWARD), University of Ilorin chapter, has donated 20 vegetables storage baskets to the women in Agriculture at Sentu village near Ilorin.

The donation, which was done in partnership with the Nigerian Stored Products Research Institute (NSPRI), Ilorin took place penultimate Sunday (November 7, 2021).

The NiWARD team that

made the donation was led by Dr Olabisi Adekola, who represented the President, Prof. Oluwayemisi Fawole. Other members on the team were Dr Sijuade Adebayo, Dr Nusirat Sadiku, Dr. Kehinde Affinnih, and Dr Saadat Yusuf.

In her remarks, the Dean of the Faculty of Agriculture, Prof. Ramota Olayinka Karim, commended the society for contributing to the vision of the Faculty and the University in making significant impact on

community development. I

Prof. Karim pointed out that “the sustainability of a food secured community through simplified and sustainable agricultural system, post-harvest food handling and preservation will be achieved by the community with the specially designed vegetables storage baskets”.

The Dean encouraged the women to make judicious usage of the baskets for different vegetables that abound in the community.

Be more professional in presenting your ideas to clients, Azeez advises students

By Abdulquadri Abubakar

The Dean of the Faculty of Communication and Information Sciences (CIS), University of Ilorin, Prof. L. A. Azeez, has called on the students of the Department of Mass Communication who embarked on Public Relations and Advertising Campaign Strategies to be professional in presenting their ideas to the targeted clients in order to get them attracted and achieve desirable outcome at the end of the campaign exercise.

Prof. Azeez made the call penultimate Thursday (November 4, 2021) while speaking at the presentation of Public Relations and Advertising Strategies used in enhancing and promoting the services of the University of Ilorin Health Services, University Counseling and Human Development Centre as well as a campaign on safe driving within the University Premises.

The Dean, however, commended the students for doing the job very well, noting that if they have an opportunity to do the work outside, they can do it well and get it right.

The Professor of Mass Communication assured the participants that the work being done by the students is a practical work of what they are expected to meet in the field of practice as trained Mass Communicators.

In his remarks, the Head of the Department of Mass Communication, University of Ilorin, Dr. Lambe Kayode Mustapha, said that the exercise is a demonstration of our philosophy of solutions, thriving education as well as social responsibility to the federal government.

According to Dr Mustapha, "We want our students not only to learn but also show their attitudes by contributing to the society in order to become market trending, stressing that this is what this presentation is demanding".



Some of the Mass Communication students with the Head of Department, Dr. Mustapha (middle)

The Head of Department also appreciated the support of the Directorate of Corporate Affairs, University of Ilorin, for always promoting and projecting the activities of the Department of Mass Communication and the Faculty in general.

On his part, the Director of Works, University of Ilorin, Engr. A .M. Abisoeye, who was represented at the event by Mr. Robert Emmanuel, called on students to synergize with the Works Unit of the University as it would reduce cause of road accident on campus.

Also speaking, a University of Ilorin Counseling and Human

Development Centre, Mrs. Oniye Sherifat, said that students of the University are fully aware of the Centre's responsibilities but having the fear of stigmatization from their colleagues for not visiting the centre.

The Director of the University of Ilorin Health Services, Dr Odunola Rasheed, acknowledged the effort of all staff of the Department of Mass Communication for the knowledge being impacted in the students which enable them to be committed and developed interest in public presentation.

Mrs. Akinsipe's late husband for burial Nov 26

The remains of the late Mr. Oluwafemi Martins Akinsipe, husband of Mrs. E. F. Akinsipe of the Faculty of Law will be laid to rest this Friday (November 26, 2021) in Ondo town, Ondo State.

Mr. Akinsipe died on September 26, 2021 at the age of 78 years.

A funeral programme made available to UNILORIN BULLETIN last Thursday (November 18, 2021) indicated that a Service of Songs will be held this Wednesday (November 24, 2021) at the deceased's Ilorin residence, Opeyemi Street, off Atiku Road, Saw-Mill, Ilorin between 3.00p.m and 5.00p.m. This will

be followed on Thursday, November 25, 2021 by Christian Wake Keep at CCC Omolore Cathedral Secondary School Field, Ondo between 4.00p.m and 6.00p.m.

The Burial Service will hold on Friday, November 26, 2021 at CCC Omolore Cathedral Parish, Ondo by 10.00a.m. Interment follows immediately after the Burial Service at his residence, Abajero Pele, off Ile-Ife Road, Ondo.

Guests will be entertained thereafter at CCC Omolore Cathedral Secondary School Field, Ondo.

Members of the University community are cordially invited.

Rock type arrangement can cause earth's overpressure – Researcher

By Idayat Hassan

A Ph.D candidate in the Department of Geology, Faculty of Physical Sciences, University of Ilorin, Osetoba Olushola Ayodele, has discovered that the arrangement of rock types causes overpressure on the earth's subsurface.

Mr. Ayodele disclosed this while defending his Ph.D. thesis, titled "Formation Pore Pressure in the Ada Field, Niger Delta" penultimate

Thursday (November 4, 2021) at the Geology Lecture Theatre.

He pointed out that activities like drilling oil wells could be dangerous and could lead to loss of lives "if one does not know where the overpressure is" and which could cause the release of gas to the surface of the earth and precipitate fire outbreak.

The Ph.D candidate stated that the consideration and employment of his

discovery will reduce the work of drillers by 50 percent while reducing time spent on drilling "knowing what is obtainable in the subsurface, reducing cost, preserving of lives, and preventing equipment from spoilage as a result of knowing what to meet when identifying the rock formation and knowing the equipment to use in normal pressure and overpressure".

Focus on Prof. Akanbi II, Dean, Faculty of Basic Clinical Sciences

By Abubakar Imam

The Dean of the Faculty of Basic Clinical Sciences, Prof. Aliyu Ajibola Akanbi II, a renowned medical practitioner, foremost academic and outstanding community leader, was born in Ilorin, on November 12, 1964.

Prof. Akanbi II assumed the office of the Dean, Faculty of Basic Clinical Sciences first in acting capacity from February 2021 to July, 2021, and subsequently as the substantive Dean in August this year. He is the pioneer Dean of the Faculty following the spilt of the old Faculty of Basic Medical Sciences into two.

This unassuming scholar started his elementary education at Ilorin Teachers College Demonstration Primary School, Ilorin, between 1968 and 1973. He was also educated at the famous Government Secondary School, Ilorin, from 1973 where he earned his First School Leaving Certificate (FSLC) to 1978 for his West African School Certificate (WASC).

Prof. Akanbi II was admitted into the University of Ilorin in 1983 where he studied Medicine. He consequently graduated with Bachelor of Medicine, Bachelor of Surgery (MB;BS) from the better by far University in 1990. He was further trained at the National Postgraduate Medical College of Nigeria, Lagos, at the end of which he was awarded the Fellowship of Medical College of Pathology (FMCPATH) in November, 2000.

Sequel to his graduation and completion of his house job at the University of Ilorin Teaching Hospital in 1991, Prof. Akanbi was mobilised into the mandatory National Youth Service Corps. He served the nation as a youth corps member at Edo State from 1991 to 1992.

On the successful completion of his NYSC programme, Prof. Akanbi II joined the services of the Kwara State Government as a Medical Officer. He served as such at Sobi Specialist Hospital, Ilorin, from 1992 to 1995. He later joined the University of Ilorin Teaching Hospital for his Residency Training programme, which he ran between 1995 and 2000. In November, 2000, Prof. Akanbi II became a Fellow of the National Postgraduate Medical College of Nigeria.

Being someone who is always interested in training others, Prof. Akanbi II first joined the services of the University of Ilorin as an Associate Lecturer in 1997. He became Lecturer I in



■ **Prof. Akanbi II**

March, 2001 at the Department of Medical Microbiology and Parasitology. He was also an honorary Consultant to the same Department of the University of Ilorin Teaching Hospital.

As a lecturer, Prof. Akanbi II has taught several generations of medical practitioners who are today working and providing health services to patients in various places within and outside Nigeria. Aside teaching, he has served the University in various capacities; he was the representative of the Faculty of Basic Medical Science from 2006 to 2008 on the University Senate. He also served as the Sub-Dean, Student Affairs (Mini-Campus) between 2008 and 2010.

Prof. Akanbi II served as the Ag. Head of the Department of Medical Microbiology and Parasitology of the University of Ilorin Teaching Hospital/University of Ilorin from August, 2009 to July, 2011.

He was also the Head of the Department of Medical Microbiology and Parasitology, University of Ilorin Teaching Hospital, a position he combined with the Headship of the Department of Medical Microbiology and Parasitology, Faculty of Basic Medical Sciences, University of Ilorin, from August 2016 to 2020.

Apart from his services at the University of Ilorin and the University of Ilorin Teaching Hospital, Prof. Akanbi II was also an External Examiner to several tertiary institutions. These include Ambrose Ali University, Ekpoma; Usmanu Danfodiyo University, Sokoto; Ladoké Akintola University, Ogbomosho; Ahmadu Bello University, Zaria and the University of Ibadan.

Prof. Akanbi II's contributions to human capital development can also be assessed from the quality of his numerous and often consulted publications. He has

singlehandedly and jointly authored no fewer than 82 scientific articles, which have been published in respected local, national and international intellectual outlets.

Prof. Akanbi II also has four technical reports to his credit. He has also attended no fewer than five international conferences where he presented professionally exciting and intellectually stimulating papers to the applause of his audience. He has as well benefitted from about 10 training programmes.

As a respected professional, Prof. Akanbi II belongs to several professional bodies. These include Nigerian Medical Association (NMA), the Medical and Dental Consultants Association of Nigeria and the Association of Pathologists of Nigeria. He is also a Member of the Nigeria Venereal Diseases Association, Clinical Microbiology and Infectious Diseases Association of Nigeria and a life member of the National Association of Resident Doctors (NARD) as well as the Association for Information and Management Science and the National Institute of Management.

Aside his numerous engagements, Prof. Akanbi II is also deeply involved, as an academic and administrator, in community development activities. In addition to his participation in several media fora targeted at enlightening members of the public on their health and its management, Prof. Akanbi II has been offering free medical services to members of his immediate community, who often troop to his home for consultation since his graduation as a Medical Doctor over three decades ago.

This exemplary medical technocrat is an active member of the Ilorin Emirate Descendants Progressive Union (IEDPU), the umbrella socio-cultural organisation of the people of Ilorin Emirate. He has been a Member of the Union's National Executive Committee for almost a decade.

Prof. Akanbi II was the Chairman of the Ilorin Emirate COVID-19 Prevention Committee. He is also the Chairman of the Management Board of the Ilorin Comprehensive High School (ICOHS), Ilorin, a school owned by the IEDPU.

This distinguished don has also served the nation and humanity in other capacities. He was a Member of the Federal Medical Team to the 2006/2007 Hajj Operations in the Royal Kingdom of Saudi Arabia. He had earlier served as the Leader of the Kwara State Medical Team to the 1994 Hajj Operations.

Prof. Akanbi II, an amiable medical practitioner, unassuming scholar and versatile administrator, is married and blessed with children who are doing fine.



UNILORIN WEEKLY FINANCIAL DIGEST

FUND SOURCES AND UTILIZATION REPORT FROM 11TH TO 18TH NOVEMBER 2021

RECEIPTS:	AMOUNT
Academic Transcript	395,500.00
Sundry & Other Student Charges	213,000.00
Sunday Other Income	1,212,461.54
Boarded Property	1,000.00
Fitness Centre	2,000.00
Clinic Registration	500.00
Dental Clinic Charges	109,788.75
Staff Quarters Rent	16,379.24
Utility Income	20,900.00
Refund	769,200.00
Contractor's Registration	10,000.00
Verification	11,000.00
Income from Diagnostic Centre	77,947.50
Capitation NHIS	44,838.75
Undergraduate School Charges	66,750.00
Undergraduate Post UTME Registration	3,629,522.50
Undergraduate Convocation Charges	251,400.00
Postgraduate School General Payment	400,550.00
Postgraduate School Charges	75,300.00
Postgraduate School Convocation Charges	337,200.00
Ilorin Business School Acceptance	100,750.00
Ilorin Business School Charges	595,500.00
JUPEB School Charges	1,576,650.00
JUPEB Acceptance	201,500.00
JUPEB Hostel Accommodation	120,600.00
JUPEB Application Form	251,500.00
Total Receipt for the Period	₦10,491,738.28
PAYMENTS	
PAYMENT TO CONTRACTORS/SUPPLIERS :	
Alhaji Hussein & Sons Maintenance of pool motor vehicles	419,250.00
AAKHAT Ventures Repainting and Redecoration of University of Kerbs for Convocation.	261,418.50
Intergrated full House Nig Enterprises Repainting and Redecoration of University of Kerbs for Convocation.	940,474.50
Noab Global Concept Ltd Maintenance of Electricity Supply	1,306,125.00
Ayosco Jasper Enterprises Supply and Installation of Air Conditioners.	304,225.00
Amunl International Convocation Expenses	1,197,550.00
Rockfield Petroleum Products Supply of Diesel	1,816,000.00
Princess Luxury Hotels Reservation in the Hotels for University Guests.	477,632.25
Ever Phonenix Guest House Reservation in the Hotels for University Guests.	658,705.00
Tomats Inn Suites Reservation in the Hotels for University Guests.	458,250.00
Monarch Luxury Palace Hotel Reservation in the Hotels for University Guests.	587,500.00
Nohtel Resorts Hotel Reservation in the Hotels for University Guests.	157,487.50
OTHER PAYMENTS:	
Various i.e. DTA, IMPREST, REFUND etc	4,155,038.00
Purchase Advance Various	28,732,150.00
Staff Training Learned Conference Oversea	2,582,829.00
Nigerian Legion October 2021 Salary	4,140,000.00
Unilorin Press Founder Day Ceremony Printing Expenses.	16,245,000.00
Dangote Scholarship Scheme School fees for the Awardees	400,000.00
Unilorin Waters Supply of Bottles Water	162,000.00
Total TSA Charges	31,820.00
Total payment for the Period	₦65,033,454.75

Signed
O. H. Sonde FCA
Bursar

ACADEMIC SUPPORT SERVICES (Examinations and Records)

Update of Records of University of Ilorin Congregation Register

Section 4 of the Third Schedule of the University of Ilorin Act CAP U7 Laws of the Federation 2010 (as amended) defines Congregation Members to consist of the Vice-Chancellor, the Deputy Vice-Chancellors, the Registrar, the Bursar, full-time Members of the Academic Staff, and every Administrative staff of the University who holds a degree of any recognized University (not being an honorary degree).

However, the University is in the process of updating its Congregation Register and as such, all Congregation Members as defined by the Act stated above are encouraged to please fill the

electronic Google form via the link provided below for a robust Congregation Register. Kindly note that every form filled will be verified accordingly.

<https://forms.gle/npzQEbVWbE2VG6DS6>

Signed
Khadijah W. Garba
For: Registrar



Happy Birthday

S/N	Name	Department	Birthday
1	Awopeju, Oladele S	Security Division	Nov 21
2	Siyanbola, Salihu Olayinola	Registry	Nov 21
3	Pimor, Tarebi	Bursary	Nov 21
4	Dunmade, Olufemi Ibukun	English	Nov 21
5	Idowu, Aolat Adeola	Registry	Nov 22
6	Adeyele, Samuel	Security Division	Nov 22
7	Yusuf, Bashiru	Security Division	Nov 22
8	Olaosebikan, Lawrence Ajibola	Registry	Nov 22
9	Olatoke, Samuel Adegboyega	Surgery	Nov 22
10	Saliman, Rasheed Sahban	Security Division	Nov 22
11	Ahmed, Olatunji	Electrical & Electronics Engineering	Nov 22
12	Sanni, Jubril Olayinka	Network Operating Centre	Nov 22
13	Faruk, Aishatu	Centre For Research Laboratory	Nov 22
14	Omojola, Bosede Grace	Registry	Nov 22
15	Odebode, Timothy Olugbenga	Surgery	Nov 22
16	Abdulkareem, Sulyman Age	Information & Communication Science	Nov 23
17	Kolawole, Folashade Caroline	Health Services	Nov 23
18	Abdulkadir, Hasanat Bosede	Registry	Nov 23
19	Raheem, Toyin Mohammed	Electrical & Electronics Engineering	Nov 23
20	Dosumu, Omotayo Olutola	Industrial Chemistry	Nov 23
21	Odosote, Jamiu Kolawole	Materials & Metallurgical Engineering	Nov 23
22	Afolayan, Razaq Bayo	Statistics	Nov 23
23	Fakuade, Iyabode Abeke	Health Services	Nov 23
24	Abdulraheem, Mulikat	Marketing	Nov 23
25	Abdulrazaq, Bukola Fatimoh	Registry	Nov 23
26	Akorede, Ganiu Jimoh	Veterinary Pharmacology & Toxicology	Nov 23
27	Olagunju, Abadat Olanike	Registry	Nov 23
28	Okunola, Rasidi Akanji	Criminology & Security Studies	Nov 24
29	Sidiq, Ramat Bobookiri	Veterinary Anatomy	Nov 24
30	Oyinloye, Olalekan Ibukun	Radiology	Nov 24
31	Ogunade, Raymond Olutoyin	Religions	Nov 24
32	Olanlokun, Olayemi Kofoworola	Water Resources & Environmental Engineering	Nov 24
33	Odunola, Rasheed Adekeye	Health Services	Nov 24
34	Abdul, Mohammed Najiyu	Registry	Nov 24
35	Adeoye, Taiye Olushola	Geophysics	Nov 24
36	Haroon-sulyman, Shakirat Oluwatosin	Information & Communication Science	Nov 24
37	Ahmed, Bayo Musa	Mathematics	Nov 24
38	Sulaiman, Ismail Olarewaju	Registry	Nov 24
39	Famakinde, Oluwaseun Sherifat	Registry	Nov 24
40	Olarewaju, Samuel Adebisi	Materials & Metallurgical Engineering	Nov 24
41	Abdulsalam, Sekinat Bukola	Veterinary Physiology & Biochemistry	Nov 24
42	Agbabiaka, Toyin Olayemi	Microbiology	Nov 25
43	Aremu, Idowu Omodele	Security Division	Nov 25
44	Joseph, John Olugbenga	Security Division	Nov 25
45	Musa, Amuda Kadir	Registry	Nov 25
46	Abdulhamid, Moshood	Procurement & Maintenance Suport	Nov 25
47	Uyenne, Elizabeth Obiageli	Social Science Education	Nov 25
48	Abdulfatai, Aishat Omotayo	Security Division	Nov 25
49	Adeniyi, Olakiitan Ibukun	Statistics	Nov 25
50	Akerele, Elizabeth	Registry	Nov 25
51	Momodu, Ibrahim Gentle	Registry	Nov 25
52	Orisaji, Elizabeth Abike	Registry	Nov 25
53	Jenyo, Fausat Olanike	Registry	Nov 25
54	Oyedepo, Titilayo Adenike	Registry	Nov 25
55	Adekunle, Adebayo Surajudeen	Mechanical Engineering	Nov 26
56	Adekeye, Hanah Oluwatoyin	Works: Electrical/Telecom	Nov 26
57	Ojeneye, Bamidele	Security Division	Nov 26
58	Afolabi, Kayode Ojo	Science Education	Nov 26
59	Omokanye, Habeeb Kayodele	Oto-Rhino-Laryngology	Nov 26
60	Oyeyemi, Omotayo Isaac	Registry	Nov 26
61	Sanni, Jemeel Adedotun	Economics	Nov 26
62	Elelu, Shehu-alimi	Chemistry	Nov 26
63	Abdullahi, Rasaan Maito	Library	Nov 26
64	Afolayan, Barakat Tosin	Network Operating Centre	Nov 26
65	Adeleye, Solomon Idowu	Security Division	Nov 27
66	Adegun, Isaac Kayode	Mechanical Engineering	Nov 27
67	Samuel, Oseni Oluwafemi	Security Division	Nov 27
68	Joshua, Florence Funsho	Registry	Nov 27
69	Ewurum, Mauveen Onyekachi	Health Services	Nov 27
70	Nwachukwu, Ukamaka Mary	Registry	Nov 27
71	Ahmed, Abdulkadir	Registry	Nov 27
72	Tijani, Suleiman Dare	Agronomy	Nov 27
73	Emmaunel, Olubunmi Modupe	Registry	Nov 27
74	Adebisi, Taibat Tunrayo	Home Economics & Food Science	Nov 27

The University Board of Health encourages you to visit the University Health Services for medical check-up on your birthday. Thanks



- A former Director of the Centre for Peace and Strategic Studies (CPSS), University of Ilorin, who is now the Vice-Chancellor of Ahmadu Bello University, Prof. Mahfouz Adedimeji, has been identified as one of the youngest University administrators in Nigeria in 2019. ("Prof. Mahfouz Adedimeji: A young Vice-Chancellor's Strategy for Success", <https://www.thisdaylive.com/index.php>; See also, "Prof. Mahfouz Adedimeji: A young Vice-Chancellor's Strategy for Success", *Thisday*, Sunday, November 14, 2021, p.49)
- A lecturer at the Department of Performing Arts, University of Ilorin, Prof. Jeleel Ojuade, has advocated the establishment of "dance hubs" across the Society to boost tourism in Nigeria. ("For Ojuade, Dance is Life, Life is Dance", *The Guardian* on Sunday, November 14, 2021, p.19 see also, "Don advocates establishment of "dance hubs" in Nigeria for tourism", <https://quickness.africa.net.com>"; See also, "Don advocates establishment of dance hubs in Nigeria for tourism", <https://www.odogunblog.com>; "Regular dancing gives long life, says Professor Ojuade of Unilorin", <https://www.vanguardngr.com>; "Don advocates establishment of dance hubs in Nigeria for tourism", <https://promptness-on-line.com.ng>; "Government Sued on Establishment of Dance Hub for Revenue Generation", [theNigerianpost.com.ng](http://thenigerianpost.com.ng); "Ojuade presents " Dance is Life, Life is Dance" at Unilorin 208th Inaugural Lecture", *National Pilot*, Monday 15th -Wednesday 17th November, 2021, p.15; "Unilorin: Don canvasses for Establishment of Dance Hub for Revenue Generation", <https://theenterpreneurnews.com.ng>; "Dance Hub can improve Government's Revenue - Don", <https://thereporters.com.ng>; "Don urges FG ,States to establish dance hubs to generate revenue", <https://choice-reporters.com.ng>.
- The Vice-Chancellor of the University of Ilorin, Prof. Sulyman Age Abdulkareem, has revealed that the female lecturer who was beaten to coma by a student is now in a stable condition. (UNILORIN lecturer beaten to coma by student now stable - VC", <https://punching.com>; See also, "UNILORIN's lecturer battering saga", royalnews.com.ng; "UNILORIN student held for allegedly beating lecturer to coma", <https://thenationonline.net>; "Unilorin Lecturer attack: I saw her plotting against me in my dream -- Student", *National Pilot*, Monday 15th -Wednesday 17th, November, 2021,p.2; "ASSU Wades in as Unilorin lecturer beaten by Student recovers", *Daily Trust*, Monday, November 15,2021,p.34; " UNILORIN Student beats female lecturer into a coma ",*New Telegraph*, Monday, November 15,2021, p.30, See also, " UNILORIN 400 - Level Student inflict bodily injury lecturer " , *Blueprint*, Monday, November 15,2021, p.18)
- The management of the University of Ilorin has expelled a student for assaulting female lecturer ("UNILORIN expels 400 - Level Student for assaulting female lecturer, faces prosecution " , *The Punch*, Wednesday, November 17, 2021, p.4 ; See also, "Unilorin expels student", *The Herald*, Wednesday, November 7, 2021, pp.1&2 ; "UNILORIN expels student battering female lecturer " ,*The Nation*, Wednesday, November 17, 2021, pp.1&27, "UNILORIN Expels 400 - level student who beats lecturer to stupor " *Nigerian Tribune*, Wednesday, November 17, 2021, pp.1&26; "Unilorin expels student who beat lecturer to coma", *Daily Trust*, Wednesday, November

17,2021, p.1& 40; "Unilorin Expels Student Who Beats Lecturer To Coma" , *Daily Independent*, Wednesday, November 17,2021,p.28; "Unilorin expels student for assaulting female lecturer", <https://www.thegazaleneews.com/education>; "Unilorin Expels student for assaulting lecturer-<https://kogiflame.com> ;"BREAKING... UNILORIN expels student for assaulting lecturer", <https://royalnews.com.ng>; "Breaking: UNILORIN Expels Student for Beating Female Lecturer to Stupor", <https://nporeports.com>; "Unilorin Expels student for assaulting lecturer", <https://www.thegraphic.ng>; "Unilorin Expels Student for Assaulting Lecturer", https://accurate_newsng.com ;"Unilorin expels student who beats female lecturer makes confession " <https://royalnews.com.ng>; "Unilorin student who beats female lecturer into coma expelled " <http://www.holisticinfos.com> , "Unilorin expels student for assaulting lecturer "<http://dailylinks.ng> ;"Unilorin expels final year student for assaulting lecturer " ,<http://opnnews/T668490a11116en-ng?link=1&chart=news> ; "Unilorin expels student for assaulting lecturer", <https://high-profile.g>; "Unilorin expels student for assaulting lecturer " , <https://radionigeria.gov.ng> ; "Unilorin Expels Student for Assaulting Lecturer " , <https://gatmash.com>; "Unilorin expels student for assaulting lecturer " , <https://thenationalpilot.ng>; "UNILORIN expels student for assaulting lecturer" <http://thereflection.com.ng>; "Unilorin Expels Student for Physically Attacking Female Lecturer", <http://www.thegazellenews.com>; "Unilorin expels Student for assaulting lecturer " ,<https://apexnewsexclusive.com>; "Unilorin expels student for assaulting lecturer " ,<https://dailyinfolink24wordpress.com> , "Awon alase Fasiti Ilorin ti le akekoo to lu tisa re danu", <https://alaroye.org> , "UNILORIN expels student for assaulting lecturer" , freedomonline.ng; "Unilorin Expels 400 Level power Drunk Student, who Beat His Lecturer To Coma " ,<http://www.afrikaeyes.com>)

UNIVERSITY OF ILORIN

INSTITUTE OF TRANSLATION ARTS

presents

Maiden Training/ Workshop

Theme: **Translation and Globalisation**

Fee: N30,000

Acct. No. 1019524430 Acct. Name: Adeosun Hezekiah O Bank: Polaris Bank

- Date: 23rd-25th November, 2021
- Venue: Faculty of Arts Board Room

...breaking language barriers

08038875842

The BIG STORY

World Diabetes Day: Experts harp on early diagnosis

By *Mustafa Abubakar, Tajudeen Babamale, Olasehinde Itutu and Rabiati Gambari*

As the world continues to witness increased prevalence of diabetes especially in Africa, experts have encouraged diabetic patients not to lose hope, but continue to follow the pharmaceutical and Non-pharmaceutical guidelines put in place to fight the menace.

The assurance was among the solutions proffered by various speakers last Monday (November 15, 2021) at the 2nd Public Lecture and Outreach organised by the Nigeria Association of Pharmacists in Academia (NAPA), University of Ilorin Chapter to mark the World Diabetes Day 2021.

Speaking at the opening of the event, the Vice-Chancellor of the University of Ilorin, Prof. Sulyman Age Abdulkareem, encouraged Nigerians, mostly Staff and Students of the University to live a healthy life style, excise more, watch their diet and visit medical centres regularly for medical check-up for them to live a healthy life.

Speaking through the Ag. Dean of the Faculty of Pharmaceutical Sciences, University of Ilorin, Dr. Mohammed Amali, the Vice-Chancellor applauded NAPA for providing free diabetes testing for participants as part of activities to mark the NAPA/World Diabetes Day 2021, adding that early detection is a key factor in the fight against diabetes.

Reacting to the report of increase in sugary drinks in Nigeria, Dr. Amali said that though, everybody has the right to consume whatever they consume, it behooves on the people especially diabetic patients to discipline themselves, follow the laid down protocols used in the management of the disease, pointing out that they have hope as people have lived with the disease for years.

The Ag. Dean, however, called on government to increase health funding to enable individuals to access treatment of diabetes and to enable health bodies and NGOs to circulate the awareness more ready so that information will go round more.

Presenting a paper on the theme of the Lecture, "Access to Diabetes Care: If not now, when?", Dr. Nasir Sanni recommended healthy diet, regular physical activities, smoking cessation and maintenance of healthy body weight for diabetic patients and whoever wishes to prevent contracting the disease.

Dr. Sanni, who is a Fellow of the National Postgraduate Medical College of Nigeria and expert in Endocrinology, Diabetes and Metabolism, said that the America Diabetes Association said that diabetes



■ L - R: Dr. Amali, Prof. Odeku, Pharm. Bioku, and Dr. Abdullahi at the event last Monday

patients and those at risk should avoid sugar beverages. He said that this will help them to control weight and reduce their risk for cardiovascular disease and should also minimize consumption of food with added sugar.

"This has been proven, if you take too much of food with added sugar, you are prone to gain weight and by gaining weight you are prone to diabetes", he said.

Speaking on Global Burden of Diabetes, the Consultant Physician and Endocrinologist, University of Ilorin Teaching Hospital (UIITH), Ilorin, said that according to the 2019 projection, Africa will move from 20 million diabetes cases to 29 million by 2030, which means there will be an increase in the prevalent of diabetes by over 10 million. He noted that within two years, 24 million diabetes cases have already been reported in Africa, which means that the rate will surpass the 2019 projection.

On the theme of the year "access", he said we all should strive to have access to education on diabetes, access to preventive strategy, access to diagnosis, there should be mechanism in place to ensure people are screen for diabetes early and access to basic drug which he described as a big challenges.

Earlier, the Chairman of the occasion, Pharm. Rahmon Bioku, FPSN, who commended NAPA for organising the public lecture and outreach, said that it is a programme to bring awareness of diabetes disease to the people who are carrying the disease but they don't know it and those who know but do not have access to drug.

Pharm. Bioku advocated the need for all the people in the healthcare team from doctors, pharmacists, the Nurses and others to work together and close ranks so that they can continue to treat the patients together for the benefit of humanity.

In her presentation on the topic, "Nigerian Herbs and Herbal Drugs Used for the Treatment of Diabetes", the Director and HOD, Traditional, Complimentary and Alternative Medicine (FMoH), Pharm. Hajiya Zaynab Shariff, said that with the increasing rate of diabetes worldwide, it has become important to create awareness on this chronic disease while emphasis must be placed on preventive measures such as early diagnosis, healthy lifestyle, adequate dieting, physical and mental exercises, and so on.

Pharm. Shariff said that there are a lot of herbs, fruits, vegetables that can be used as supporting therapy for effective treatment of diabetes.

She recommended that vegetables, fruits and herbs such as bitter leaf, bitter kola, moringa, garlic, neem tree, green plantain, purple yam, scent leaf, African walnut, onions, bitter garden egg, bitter garden egg leave, ginger, soya beans can all be used as supplement to the treatment of diabetes.

Highlights of the event are Diabetes Outreach on Blood Glucose and Pressure Checks, and Diabetes Health Fair (Research and Product Exhibition); as well as presentation of Awards to distinguished personalities who have played major role in the industry.